

updated 6/13/2014

READING LIST ON AGING, ILLNESS, DEATH AND DYING
(compiled by Katherine Barr and Bill Ball, Durango Dharma Center)

Being with Dying – Joan Halifax
The Grace in Dying – Kathleen Dowling Singh
Graceful Passages – book and 2 CD set – produced by Michael Stillwater and Gary Malkin
Living in the Light of Death – Larry Rosenberg
Lessons from the Dying – Rodney Smith
Dying Well – Ira Byock, M.D.
Dying: A Natural Passage - Denys Cope
Advice on Dying – His Holiness the Dalai Lama
The Tibetan Book of Living and Dying – Sogyal Rinpoche
Dying with Confidence – Anyen Rinpoche
Making Friends with Death – Judith L. Lief
Facing Death and Finding Hope – Christine Longaker
The True Work of Dying – Jan Selliken, RN, ND and Miriam Schneider, RN, CRNH
How To Go On Living When Someone You Love Dies – Theresa A. Rando, Ph.D.
Deathing: An Intelligent Alternative for the Final Moments of Life – Anya Foos-Graber
Healing into Life and Death – Stephen Levine
Who Dies? – Stephen Levine
A Year to Live – Stephen Levine
The Final Crossing – Scott Eberle
The Majesty of Your Love, a Couple's Journey through Alzheimer's (also published as
Ten Thousand Joys and Ten Thousand Sorrows) – Olivia Hoblitzelle
Grace and Grit – Ken Wilbur
Still Here – Ram Dass
Knocking on Heaven's Door: The Path to a Better Way of Death – Katy Butler
Aging as Spiritual Practice – Lewis Richmond
From Age-ing to Sage-ing – Zalman Schachter-Shalomi
The Grace in Aging – Kathleen Dowling Singh (August, 2014)
The Sage's Tao Te Ching – William Martin
The End of Fear – Richard Schaub, Ph.D.
Griefwalker – Stephen Jenkinson, a film directed and written by Tim Wilson
<http://www.nfb.ca/film/griefwalker>
the whole special issue of Tricycle Magazine , Volume VII Number 1 Fall 1997:
The Great Matter of Life and Death